

Kaderliste DLRG Rheinland-Pfalz 2016

| | Männlich | weiblich |
|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| D-Kader | Tim Brang (Bundeskader) David Muders Samuel Neubauer Jannik Lorth Moritz Braun Martin Klimach Holger Baldauf Manuel Blum Markus Bermes | Alena Kröhler (Bundeskader) Kira Kreutzer (Bundeskader) Julia Fritz (Bundeskader) Anne Sorowka (Bundeskader) Paula Boos (Bundeskader) Mareike Kröhl Alicia Brahm Katharina Stuppy Jana Köb Anja Parotat Lara Braun Vanessa Debo |
| E1-Kader | Paul Born Sebastian Felgenhauer Jerome Osterkamp Pascal Weller Christopher Becker | Lena Bürling Miriam Muders Leonie Neuhaus Michelle Kempen Ann-Kristin Stief Vivien Gruteser Alicia Gabriel |
| E2-Kader | Bastian Müller Dominik Scherer | Henriette Jäger Jacqueline Fritz Annika Kimmlingen Alida-Nadine Dreher Anna Lena Mussel Fabienne Gruteser |
| E3-Kader | Fynn Grote Adrian Kirst | Alida Neff Carlotta Hofmann Christel Honeck Maya Knichel Michelle Becker |